



The PROBUS Pilot



Probus Club of Western Ottawa – serving the western half of the National Capital Region

OCTOBER 2025

Vol:17 No:2

Tuesday, 14 October

Enabling aging-in-place: Supportive smart home solutions

Smart Home Technology available from hardware and home technology stores is already used in many parts of our lives. This presentation will explore a new concept, the Supportive Smart Home, where technology solutions are focused on further supporting the ongoing well-being and independence of older adults. These solutions vary from simple technologies used in innovative ways to novel new technologies.

The presentation will cover supportive smart home solutions to address the many and varied needs of older adults. These range from those which are now available to ideas that are still in the lab. Discussion of various aspects of privacy, which must be considered for all of the technology solutions we

use in our day-to-day lives will also be included.

Dr. Bruce Wallace is Executive Director of the AGE-WELL National Innovation Hub on Sensors and Analytics to Monitor Memory and Mobility (SAM 3), an Adjunct Research Professor at Carleton University, and an Affiliated Investigator at the Bruyère Health Research Institute. He worked for 24 years in the technology sector at BNR, Avaya and Nortel including research and development, product and business strategy, and as a business leader with global responsibility.

SAM 3 is a collaboration between the Bruyère Health Research Institute and Carleton University in



Dr. Bruce Wallace

Partnership with AGE-WELL. The focus of SAM 3 is on research and innovation projects focused on technology-based solutions to enable an aging population to maintain a healthy and independent lifestyle.

Gimli Glider talk in Manotick on 5 Nov.

Probus Ottawa-Rideau Valley has invited the members of The Probus Club of Western Ottawa to join them for their meeting on 5 November,

The speaker will be Bob Pearson, the pilot of the Air Canada flight that

ran out of fuel over northern Ontario AND landed safely at Gimli in July 1983. We remember it as the "Gimli Glider"

If you are in doubt about this historical event and the amazing feat performed by the cabin crew, there is a good article on the Gimli Glider in Wikipedia. The speaker recommends.

watching the episode of the TV program Mayday about the event before attending

www.youtube.com/watch?v=8y8JBAr8dZ4

The presentation on Wednesday, 5 Nov., at 10 am will be at the Manotick United Church, 5567 Main St. If you are interested, you need to sign up by 19 October. More information is on our website and in this [PDF](#).



Gimli Glider

The Probus Club of Western Ottawa is part of the international organization of Probus Clubs designed to serve retired and semi-retired, professional, business and like-minded people. The Club meets on the second Tuesday of each month at 9:45 am with time for coffee and socialization followed by a guest speaker. We meet at.

Kanata Baptist Church. 465 Hazeldean Road

Visitors are welcome

The Prez Sez

Volunteers: The Beating Heart of Our Club



Every time we gather — whether it's for a thought-provoking presentation like Laurence Wall's last month, or for one of our notable outings — behind the laughter,

the learning, and the friendships, there is a driving force that makes it all possible: our volunteers.

They are the heart and soul of Probus Western Ottawa. For more than 20 years, many of them have given their time, their energy, and their love. They have carried the torch with grace and dedication. But now, it is time for the next generation of volunteers to step forward and carry that light into the future.

We need five new board members now, and by June 2026, another five positions will open. These aren't just roles to be filled — they are opportunities to shape the future of our club, to ensure that the friendships and traditions we treasure continue to thrive.

One of our most beloved traditions is the outings program. Year after year, it has brought us together in ways that create lasting memories. But this year, George is unable to

continue, and unless someone steps forward, this program may not go on. We are also in need of a secretary, someone to help us keep our meetings organized and our work moving forward.

This is more than volunteering. It is about belonging. It is about giving back to the community that has given us so much. It is about ensuring that when we gather in the years to come, we can look around the room and know that we each played a part in keeping this club alive and vibrant.

Your time, your talents, your willingness to step forward—these are the gifts that will keep Probus Western Ottawa strong.

And a gentle reminder: membership fees are due by November.

Together, let's keep the heart of our club beating strong — for today, for tomorrow, and for the generations who will follow.

David Lee

president@probuswesternottawa.ca

Join us on 10 Oct. for monthly Euchre

Where: Bells Corner United Church,
3955 Old Richmond Road
at Moodie Drive.

Time: 12:30 for social time, coffee:

Games begin at 1 p.m.

Everyone is welcome, even if you have never played!

For further information, feel free to contact Barbara or David Stafford at bbole@sympatico.ca



We like to send a card when someone is ill, hospitalized, in need of a comforting word or on the occasion of a significant milestone.

If you know of someone who would appreciate receiving a card, please call Betty Jean Bone at 613-721-5536 or email:

cards@probuswesternottawa.ca

Don't miss our upcoming slate of speakers

Nov 4: Dr. Michael Petrou: "In their own voices"

Dec 9: Laura Reinsborough - "A river is a report card: Understanding the Ottawa River's ecological health"

Jan 13: Michael Runtz: "The bear that ate me, almost; The dangerous life of a naturalist"

As always, we welcome suggestions for speakers, including those who are members of our club. If you have a suggestion, it would be helpful if you send the name of a suggested speaker with a short biography if available (maximum of 100 words), and the subject/title and a one paragraph summary of the proposed talk (150 words or so) to

speakers@probuswesternottawa.ca



NCC Trail Walk. These are some of the members who enjoyed a leisurely walk on the Jack Pine Trail and boardwalks in September.



The Ironside Grill at the Marshes Golf Club was the venue for an enjoyable meal and get-together at our September lunch out.

Welcome New Members

- David Berry
- Wendy Berry
- Frank Bohm
- Martha Bohm
- Barbara Hall
- Jennifer Meeks
- Peter Powell
- Cleo Scardino
- Francine Wilkinson
- Jennie Wysynski
- Helen Zandbergen

Membership fees are due now

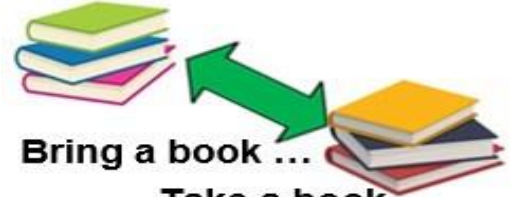
It's time to renew your membership. Dues have not increased and are still only \$25.

Payment may be made either by cheque or with cash. Cheques should be made out to Probus Western Ottawa. Treasurer Bryan Wakeford will be there before and after the meeting to accept your payment.

Another alternative is to pay your dues via e-Transfer to membership@probuswesternottawa.ca Detailed e-Transfer instructions can

be found [HERE](#). Make sure to indicate the names of all persons for whom you are submitting fees.

Let's keep this going



Bring a book ...
... Take a book

Check out our book swap table at every meeting

Special Interest Groups

As a PWO member you may join or leave a group by either

- using the signup sheet, available at meetings, or by
- sending an email at any time to: [sig-\[group\]-contact@probuswesternottawa.ca](mailto:sig-[group]-contact@probuswesternottawa.ca)

substituting [group] with the group name shown in the table at right.

For example, sig-breakfast-club-contact@probuswesternottawa.ca.

Put "Join", "Leave" or "Info request" in the subject field.

The Prime Contact, if one is identified, should respond to any "Info requests".

Updated SIG membership lists will be distributed monthly to each group's members if there has been a change from the last update.

Is nothing happening in your group?

Joining a SIG allows you to meet Probus members having a common interest. But all members bear some responsibility to make such meetings happen. For tips on how to meet others in your group, refer to: <http://probuswesternottawa.ca/pdf-files/meetings-in-sig.pdf>

If you have any suggestions or concerns about SIGs in general or are willing to volunteer as a Prime Contact, please email me at sig-groups-coordinator@probuswesternottawa.ca

Regards, Ray Jones

Special Interest Group		September 9, 2025
SIG Name	# Signups	Prime Contact(s)
Art-Appreciation	4	June Stewart
Billiards	1	Ellen Clare O'Gallagher
Bird-Watching	6	
Book-Club	6	
Breakfast-Club	23	David Lee
Bridge	10	Surinder Khanna
Cycling	3	
Games-Night	6	Nicola Jarvis
Hiking	21	
Knitting	2	Elaine Bradley
Pickleball	4	
Theatre-Nights	24	
Travellers-Club	35	Suma Abraham / Tom Wileman
Walking	22	

Total Signups **167**

Red text indicates a change from June

October lunch-out in Stittsville

Wednesday 22 Oct. at Noon

Amberwood Lounge & Eatery

54 Springbrook Drive, Stittsville

Located on the Amberwood Golf Course, this versatile year-round restaurant brings modern comfort with a breathtaking scenic landscape.

Please sign up at our October meeting or via email to lunches@probuswesternottawa.ca



Close encounter with a Chickadee for Jim Bondar on our NCC trail walk

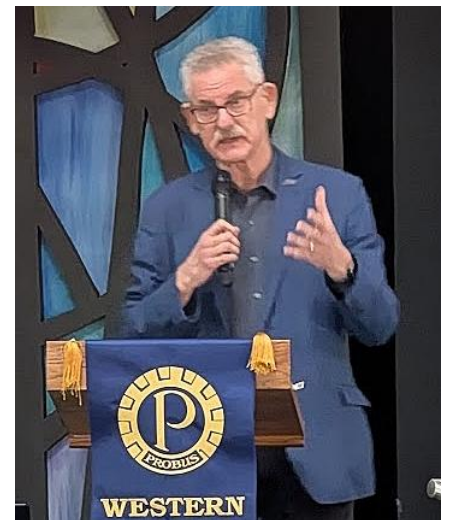
Lots of outing possibilities

Rideau Hall, RCMP stables, the Mint, Gatineau Air Park, the Brockville Tunnel, a canal cruise, the Diefenbunker, NAC Backstage, Beechwood Cemetery, Tomlinson Recycling, Petrie Island, Lee Valley Tools, the War Museum, and many more.

These are just some of our previous outings. Our outings were a staple of our Probus Club. You will not see an outing for October or any month coming up. That is because we don't have an Outings Coordinator. We very much need someone or several members to

take this on.

Let any Board member know if you are interested. We are a great team and will help you.



At our September meeting, members received an entertaining and informative presentation on the history of radio in Canada. Retired CBC veteran Laurence Wall used audio clips from the past to bring the story alive. Starting with our first radio station CFCF in Montreal in 1920, through a National Dominion Day broadcast in 1927 to Foster Hewitt's Hockey Night in Canada, and the Moose River Mine Tragedy and more. He also highlighted the role of the railway companies and in particular the Chateau Laurier. There were lots of questions and anecdotes from the audience, with Wall finishing off with several audio bloopers.

Kanata Expo 55+

Tuesday, 14 October
1:00 to 4:00 pm
Mlacak Community Centre
2500 Campeau Drive

Drop by and say hello
Learn about programs and services offered for older adults
Hosted by Cathy Curry
Kanata North Councillor

Chuckle Corner

One day a famous man went to a nursing home to see all of his friends again and see how they were doing. When he got there EVERYBODY greeted him [because, of course, everybody knows him].

One man he noticed didn't come up to him or say anything to him, so later he walked up to the man and asked him "Do you know who I am?"

The old man replied "No, but if you can go to the front desk, they'll tell you."

After the meeting

Join us for lunch

Join us for lunch after our October meeting. Often our speaker agrees to join us. This month we will be at:

Busters Bar & Grill

420 Hazeldean Road
www.bustersbarandgrill.ca/



Free Coffee/Tea Service now offered from 9:45 -10:20 am (to facilitate clean-up)

Membership inquiries may be sent to membership@probuswesternottawa.ca

Our Website www.probuswesternottawa.ca

Newsletter comments or submissions newsletter@probuswesternottawa.ca