



The PROBUS Pilot



Probus Club of Western Ottawa – serving the western half of the National Capital Region

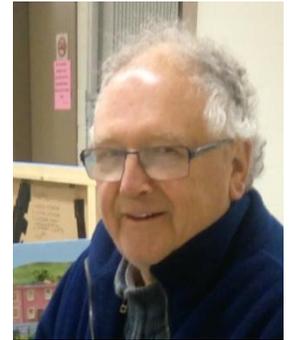
December 2019

Vol: 11 No: 4

Tuesday, December 10, 10am, Kanata United Church

Ending world hunger – from the bottom up

In the spring of 1969, while a graduate student at Yale, **Brian Hull** was invited by the Lutheran Church of America to prepare a background introduction on international development. This was one of several background papers shared with Lutherans throughout North America in preparation for a continent-wide conference. *International Development: Challenge to Christians* was published in New York City in May of 1970. (It is still in print.) The presentation was based on evidence of the power and success of community-based or bottom-up development as observed by Canadian Colombo Plan officials in Sri Lanka in the 1940s – when this country was still known as Ceylon.



In the fall of 1977, Brian attended one of the events that launched *The Hunger Project*, founded by the late entertainer John Denver among others.

Since then, Brian has served as an activist, educator, investor, staff member and, for Canada, a board member for [The Hunger Project](#), retiring as the Canadian chair in 2012. He continues as an activist/educator on fulfilling the *United Nations Sustainable Development Goals*.

In late 2008, Brian retired from the federal public service and continues to foster communication in and among communities as a strategic economist.

At our November Meeting

Colonel Claude Desgagné spoke of his 5 months as Chief of Staff during a United Nations Peace Support Operation in Haiti in 2017. His talk included the UN mission in general, Canada's role in it, and the termination and withdrawal of the military mission.

Their Mandate

- Restore a secure and stable environment
- Promote the political process
- Strengthen institutions and rule-of-law structures
- Promote and protect human rights
- Disarm, reintegrate and reconcile insurgents
- Support political and electoral processes
- Reform judiciary, police and corrections system
- Provide public safety and border security

Exit Criteria

- Free & fair elections
- Peace & stability
- 15,000 trained Haitian National Police





The Prez Sez

Why Christmas

Frosty days and Silent nights
 I see windows and tiny lights;
 Rooftops covered up with snow
 Tell us stories of long ago.
 Many remember shouts of Glee
 When first we saw a Christmas tree.
 Carols drifting in the air,
 Kids watch for Santa everywhere.
 Starry light in sky dark blue,
 Moonbeams whisper a secret true.
 This we need to all remember,
 Only told in mid-December,
 "In a stable far away,
 A wee babe on a bed of hay.
 Shepherds, Wise Men came his way"
 Thus giving us a Christmas day."

I wish all of you a
 very happy
 holiday season

Marg



Probus Membership - A Fantastic Value!!

What does your \$20.00 annual membership to Probus buy for you?

Let me outline the benefits to you.

- social times to meet friends and to make new ones
- free coffee and tea as we gather at the monthly meetings
- ten interesting speakers per year on a variety of topics
- organized lunches at various restaurants (cost covered by participant)
- outings (with optional lunch) to noteworthy places in our city and beyond
- opportunity to participate in Euchre

Your \$20.00 provides:

- a token honorarium for each of our speakers
- cost of lunch for our speaker
- a monthly newsletter outlining information on our speakers, lunches and outings
- \$2.50 annual fee per member to cover liability insurance while you attend Probus events and to pay each member's share of the annual levy to Probus Canada
- rental of facilities

We welcome visitors but we hope that all of us will become members for this minimal annual cost of \$20.00

Fee Deadline – December 10

If you have not paid annual dues, please speak to Bill Eng, Memberships, at the December 10th meeting or, if unable to attend, contact Desna Sulway at treasurer@probuswesternottawa.ca

Probus Western Ottawa meets at 10 am on the 2nd Tuesday of each month at Kanata United Church, 33 Leacock Dr.

Visitors are welcome.

Our Web site is:

www.probuswesternottawa.ca



No new members joined in November ☹

Quotes of the Month

"I stopped believing in Santa Claus when I was six. Mother took me to see him in a department store and he asked for my autograph." - Shirley Temple

"Christmas is the spirit of giving without a thought of getting. It is happiness because we see joy in people. It is forgetting self and finding time for others. It is discarding the meaningless and stressing the true values." - Thomas S. Monson



After each meeting

**Join us for lunch
 at The Brew Table**

In Bells Corners

NW corner of Robertson and Moodie

Lunches (email: Marie Armstrong &

Ruth Mackenzie via lunches@probuswesternottawa.ca)

November Luncheon Event

On November 10th, 10 members attended Stoneface Dolly's in Riverside South.



December 2 – Our Christmas Luncheon



Restaurant International, in Nepean, Ontario, is a restaurant that is part of Algonquin College's culinary school. The students of the school present the delicious dishes that are served for lunch and dinner.

Registration was completed at our November meeting due to the early December date. Pictures and details will be available in the January newsletter.



Noon, Wednesday, Jan. 16, 2020

“Good food and Décor”

Address: 484 Hazeldean Road, Kanata

Phone: 613-836-8560

Cuisine: Vietnamese

Website: <https://chezlam.ca/>

Sign up at the December or January meetings or via

lunches@probuswesternottawa.ca

Chuckle Corner

HOW TO GIVE A CAT A PILL

- 1) Pick cat up and cradle it in the crook of left arm as if holding a baby. Position right forefinger and thumb on either side of the cat's mouth and gently apply pressure to cheeks while holding pill in your right hand. As the cat opens its mouth, pop pill into mouth and allow cat to close mouth and swallow.
- 2) Retrieve pill from floor and cat from behind sofa. Cradle cat in left arm and repeat process.
- 3) Retrieve cat from bedroom, and throw soggy pill away.
- 4) Take new pill from foil wrap, cradle cat in left arm holding rear paws tightly with left hand. Force jaws open and push pill to back of mouth with right fore-finger. Hold mouth shut for a count of ten.
- 5) Retrieve pill from goldfish bowl and cat from top of wardrobe. Call spouse from garden.
- 6) Kneel on floor with cat wedged firmly between knees, hold front and rear paws. Ignore low growls emitted by cat. Get spouse to hold head firmly with one hand while forcing wooden ruler into mouth. Drop pill down ruler and rub cat's throat vigorously.
- 7) Retrieve cat from curtain rail, get another pill from foil wrap. Make note to buy new ruler and repair curtains. Carefully sweep shattered figurines and vases from hearth and set to one side for gluing later.
- 8) Wrap cat in large towel and get spouse to lie on cat with head just visible from below armpit. Put pill in end of drinking straw, force mouth open with pencil and blow down drinking straw.
- 9) Check label to make sure pill is not harmful to humans. Drink glass of water to take taste away. Apply Band-Aid to spouse's forearm and remove blood from carpet with cold water and soap.
- 10) Retrieve cat from neighbor's shed. Get another pill. Place cat in cupboard and close door onto neck, leaving head showing. Force mouth open with dessert- spoon. Flick pill down throat with elastic band.
- 11) Fetch screwdriver from garage and put cupboard door back on hinges. Apply cold compress to cheek and check records for date of last tetanus shot. Throw shredded tee-shirt away and fetch new one from bedroom.
- 12) Ring fire brigade to *retrieve* cat from tree across the road. Apologize to neighbor who crashed into fence while swerving to avoid cat. Take last pill from foil-wrap.
- 13) Tie cat's front paws to rear paws with garden twine and bind tightly to leg of dining table. Find heavy duty pruning gloves from shed. Push pill into mouth followed by large piece of fillet steak. Hold head vertically and pour 2 pints of water down throat to wash pill down.
- 14) Get spouse to drive you to the emergency room. Sit quietly while doctor stitches fingers and forearm and *removes* pill remnants from your right eye. Call furniture shop on way home to order new table.
- 15) Arrange for SPCA to collect cat and ring local pet shop to see if they have any hamsters.

HOW TO GIVE A DOG A PILL:

- 1) Wrap it in bacon.

Our lineup of future speakers

Please pass ideas on to Charlie Boole via program@probuswesternottawa.ca

January 14 - Mags Gaulden, Genealogist:
The Power of DNA

February 11 - Dr. Judith Rygiel, Master Weaver:
The Homespun Textile Economy of 19th Century Southern Louisiana.

March 10 - Sue Williams:
Adventure at Sea & the Journey Within

April 14 - Geneviève LeDuc.
Risk Management

May 12 – Paul Allen
When Tobacco Was King

June 9 – Rachel Boere
The Ottawa Tool Library



Our Probus Euchre group meets monthly at Bells Corners United Church, 3955 Old Richmond Road (at Moodie). Meetings are usually held on the **first Friday of the month.**

This is mostly a casual and social occasion, starting at **12:30 pm*** for refreshments and conversation followed by cards at 1 pm. Games usually last until 3:00 or 3:30 pm.

Following are the dates for our upcoming meetings:

Dec. 6* Jan. 3 Feb. 7 Mar. 6 Apr. 3 May 1 Jun. 5*
Sep. 4 Oct. 2 (may be changed) Nov. 6 Dec. 4

(* The June & December sessions are pot luck meals starting at 11:30 am)

For further information call Pat Stoate at 613-820-0174.

Outings (email: Ruth & Bryan Wakeford via outings@probuswesternottawa.ca)

November Outing

Wednesday, November 20 – National War Museum (“Hidden Treasures”)

Members enjoyed a guided tour at the Canadian War Museum followed by lunch at Kristy's Family Restaurant on Richmond Road.



Coming Up

Thursday, January 23 – Ottawa Traffic Operations

Our next outing is planned for Thursday, January 23 at the Ottawa Traffic Operations facility on Loretta Ave. At this time, the tour is fully subscribed.

Interested members may add their names to the cancellation list in case of last minute changes. Contact Ruth/Bryan at outings@probuswesternottawa.ca



Group Insurance Benefits

PROBUS Canada has worked with Johnson Inc., a national benefits provider, to offer a benefit plan custom-designed for our members. Options include:

- Extended Health Care (EHC)
- Travel Insurance
- Dental Care
- Guaranteed or Term Life Insurance

For more info: <http://www.johnson.ca/probus/en/on>

Privacy Statement

Photographs and video/audio recording may be taken at any Probus Western Ottawa event. By attending, you agree to be photographed or video/auditorily recorded. If you do not wish to be recorded or photographed at a particular event, please inform the member of the Management Team coordinating that activity. NOTE: The only use of any recording will be to promote and/or record club activities.

